## 

## MINDY ADKINS

HAS COMPLETED THE

**CHALLENGE - 10K TIME ONLY** 

IN THE

GirlsRunFast 5K/10K/Challenge

WITH AN OFFICIAL TIME OF:

00:48:10

OVERALL: 4 / 72 GENDER: 4 / 70 AGE GROUP: 1 / 11 PACE: 7:46/mile