

GRANT POUPARD

HAS COMPLETED THE

5K

IN THE

NHRMC Miracles in Motion 5K & 1 Mile Run, Walk & Roll

WITH AN OFFICIAL TIME OF:

00:24:16.7

OVERALL: 13 / 199 GENDER: 12 / 69 AGE GROUP: 1 / 1 PACE: 7:49/mile