

FINISHER

RICHARD NOWAK

HAS COMPLETED THE

5K

IN THE

Flight of Fire Half Marathon, 10K, 5K

WITH AN OFFICIAL TIME OF:

00:28:50

CHIP TIME: 00:28:48

OVERALL: 2 / 55

GENDER: 2 / 21

AGE GROUP: 2nd Overall

PACE: 9:17/mile

ITS YOUR RACE