## 

## **SHANNON MATTHEWS**

HAS COMPLETED THE

**2017 FWDF 5K** 

**IN THE** 

## Frederick Women's Distance Festival

WITH AN OFFICIAL TIME OF:

00:21:35.9

OVERALL: 12 / 417 GENDER: 12 / 417 AGE GROUP: 1 / 52 PACE: 6:58/mile